

## FOR IMMEDIATE RELEASE



## ZIMMER CHILDREN'S MUSEUM ANNOUNCES NEW CAREGIVER ACADEMY

LOS ANGELES, CALIF. (January 30, 2013) – The Zimmer Children's Museum is excited to announce the Zimmer Caregiver Academy, a new branch of programming that is a unique curriculum exclusively for caregivers that focuses on the whole child.

Participants will gain valuable tools that will enhance skills as a caregiver and could be put into practice right away. Each session consists of four weekly classes and includes a variety of important early childhood education topics from health & safety, CPR and First Aid to developmental play activities and positive discipline techniques. American Heart Association CPR & First Aid Certification Card are included.

"The Zimmer Caregiver Academy provides educational training to help develop skills and knowledge in the field of early childhood education through hands-on experience and a strong foundation of current research and best practices," says Maria Palazzolo, the museum's Associate Director of Play and Learning. "By consulting with families and assessing other local offerings, we are looking to fill a much needed gap in professional development for caregivers by offering classes that are accessible in terms of language and price and still offer a professional level of training."

Caregiver Academy topics include: Health & Safety - Fostering a Safe Learning Environment, CPR, First Aid Certification, Stages and Ages, Social Emotional Development, Importance of Play, Engaging and Educational Activities for Kids, Essentials of Child Care Nutrition (Meals & Snacks), Developing a Schedule & Routine, Transitioning, Toddler Potty Training, Preparing for Naptime/Bedtime, and Coping with Separation Anxiety.

The Zimmer Caregiver Academy is now accepting waitlist applicants for 4-weeklong sessions in both English and Spanish. For more information, please contact Maria Palazzolo at maria@zimmermuseum.org or (323) 761-8994.

### About the Zimmer Children's Museum

The **Zimmer Children's Museum** is a nonprofit cultural institution located on Museum Row in Los Angeles, featuring hands-on exhibits for children ages 0-8 to explore BIG IDEAS in creative and inspiring settings. The Zimmer is also the only museum dedicated specifically to kids and families in Los Angeles.

The **Zimmer Children's Museum** is dedicated to teaching people about the BIG IDEAS of global citizenship, community responsibility, and cultural sensitivity. Our mission is to promote values that help make a better society through interactive learning, creative self-expression and art experiences for children. For more details about the museum and its programs and events, please visit <http://www.zimmermuseum.org>.